



take a Break

Disability Criteria

Scotland's Short Break fund for disabled children, young people and their families

'take a Break' has limited funding, and is not able to help all families caring for a disabled child or young person.

An award of Disability Living Allowance is not an indicator that a child would be eligible as we use our own disability criteria to determine whether a child is eligible for a grant.

To meet the take a Break disability criteria, children and young people must have **additional complex needs, or have a serious or life threatening illness.**

AND

There must be evidence that the child or young person's additional needs impact on a family's choices and their opportunity to enjoy ordinary life. The degree of planning and support required to meet their needs must also be much greater than that usually required to meet the needs of children and young people.

AND

They must require a high level of support in three or more of the following areas:

- The physical environment
- Education
- Communication
- Access to social activities
- Personal care, supervision and vigilance
- Specialist resources, including Information and Communications Technology, required
- Medical or therapeutic treatment and condition management

AND

The child or young person's condition must be long term or life limiting. By long term we mean lasting or likely to last 12 months or more.

You do not need to wait for a diagnosis for your child to make an application for a grant if you think your child may meet the criteria.

Children with a confirmed diagnosis of certain conditions which may be degenerative, life limiting or life threatening are likely to meet 'take a Break' disability criteria. For example, a child with a confirmed diagnosis of a degenerative syndrome, or a child with a current diagnosis of cancer or leukaemia.

Children are not likely to meet the take a Break criteria where their main or only difficulty is one of the following:

- They have eczema, asthma or allergies
- They have specific educational difficulties – such as dyslexia, dyscalculia or poor literacy
- Their condition is stable and managed through medication, diet, monitoring, testing bloods or transfusions and there have been no recent medical crises as a result of their condition

If you are in doubt as to whether your child or young person would meet the take a Break criteria, please apply. When we receive your application, we will check that it meets all our eligibility criteria.

Telephone: 01904 571093

Textphone: 01904 658085

Fax: 01904 652625

info@takeabreakscotland.org.uk

www.takeabreakscotland.org.uk

Administered by the Family Fund Trust for Families with Severely Disabled Children.
Private company limited by guarantee. Incorporated in England and Wales.
Registration no. 3166627. Registered charity no. 1053866. Scottish charity no. SC040810.
Registered office: Unit 4, Alpha Court, Monks Cross Drive, Huntington, York YO32 9WN.

Working in partnership:


SHARED CARE
scotland


family fund
helping disabled children


The Scottish
Government